**Land of Milk and Honey Bicycle Loop**

A moderately strenuous 33.9-mile route through Weybridge, Addison, Bridport, and Middlebury, VT.

**Start at the park corner of Weybridge and College Streets.**

**When cycling, please follow these guidelines:**

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists’ actions.
8. Be aware of train tracks and other road conditions.
10. Carry items in panniers or a handle-bar pack.

**Disclaimer:** Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.

Champlain Valley National Heritage Partnership
Land of Milk and Honey Bicycle Loop

Route Description

From Middlebury's 200-year-old “College on the Hill” through the fertile valley floor to the Lake Champlain shoreline, this tour offers the bicyclist some of the best of the region’s scenic, natural, and historical attractions. Farms dominate the landscape, as they have for more than two hundred years. Dairying prevails today, but in the 1800s pastures were filled with tens of thousands of wrinkly Merino sheep.

This route is mostly paved with an alternate dirt road route in West Addison on Jersey Street. Your trip begins on fairly flat roads following Otter Creek. In Addison, West Addison and Bridport, the roads become gently rolling hills with some long flat stretches. Be cautious when traveling on Routes 17 and 125 as these roads see significant automobile traffic.

A short trip over the Champlain Bridge takes you to the Crown Point State Historic Site and Welcome Center museum.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.

Acknowledgements

This bicycle route was developed through a partnership between Lake Champlain Bikeways and the Champlain Valley National Heritage Partnership. Funding provided by the National Park Service.

Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

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