Liquid Elixir Bicycle Loop
An easy 11.0-mile route through Alburgh, VT.

When cycling, please follow these guidelines:

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists’ actions.
8. Be aware of train tracks and other road conditions.
10. Carry items in panniers or a handle-bar pack.

Disclaimer: Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.
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Route Description

Water seeps through the Alburg Peninsula. The wave has a timeless flow and is a liquid elixir for Alburg’s human inhabitants. Liquid Elixir is for hearty cyclists who don’t mind an occasional mud patch, bumpy roads, and/or soggy trails. Look for water’s impact on the Alburg landscape. Roads and homes built higher than surrounding land keep roads stable and houses dry.

Launch your trip from the west end of the Alburg Rail Trail off the Industrial Park area. A low mound of earth 50 feet to the south of the trail is a former railroad line plagued by flooding from Lake Champlain’s annual high water levels. The Mud Creek Wildlife Area bisects the Alburg Peninsula and hosts a tremendous variety of life.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.

Acknowledgements

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Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

Contact Lake Champlain Bikeways at:

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